

Five Benefits of HydroSPA Home Spa

Based on the research conducted in Japan, 15 minutes in an ultrasonic massage baths (ultrasonic home spa) can do your body 5 benefits:

1. *Internal warming;*
2. *Whole body massage;*
3. *Deep cleansing;*
4. *Exercise & leisure;*
5. *Whitening & slimming.*



1. Internal Warming

As tested by J.P. Industry University, the absorption of ultrasonic is 13% in bone, 3.3% in muscle and 0.0022% in water. Our body is comprised of 66% water, therefore can be penetrated and warmed up rapidly. Just like boiling egg in a hot spring, the yolk cooks faster than the egg white. With 38 degree C ultrasonic bath, the heat of ultrasonic reaches the bone in approximately 10 minutes and expands outwardly (bathing in normal water temperature of 42 degree C will take 90 minutes to reach the same effect). Immersion in ultrasonic bath quickly heats up the body from within, increasing metabolic rate like a bath in a natural hot spring. Can help blood vessel expansion, enhance blood circulation, hematopoiesis and resistance against diseases. This form of hydrotherapy promotes the normal secretion of hormones, strengthens the function of reproductive organs and improves the quality of family life.

2. Whole Body Massage

Hundred thousands of small energy bubbles press and stimulate the whole body every second massaging 320 acupoints across the body. Relieves tension and fatigue, relaxes and balances, massages the backbone and encourages the production of red blood cell, white blood cells, etc., just like to have "hydro acupuncture". Internal organs are stimulated, blood this treatment burns fat, eliminates flabby tissue, improves the bust line, shapes the body and fills the user with confidence.

3. Deep Cleansing

Powerful bubbles clean 1.5 million capillaries in the skin, bringing intense nourishment. Allows skin tissues to breathe better. Body generates 0.05 sq m of dirt every day. **HydroSPA** home spa takes about 5 minutes to loosen grease and 1 week of continuous use will complete the whole cleansing process.

4. Exercise & Leisure

Ultrasonic bath produce 10,000~15,000 micro-tremors per second (exerting a pressure of 1.5kgf/cm² on the skin), has the effect of a complete body workout. Experts believe that the effect of 15 minutes of ultrasonic bath is equivalent to 3 to 5 km run. It provides effective passive exercise. It doubles up as a spa for a busy man's exercise machine.

5. Whitening and Slimming

Removes dead skin cells and ozone kills germs and whitens skin. Every minute a million bubbles provide beauty treatment of slimming professional standard for every inch of your skin. After using for 15 minutes, 300-400 calories were burnt – an effortless way to have fairer complexion and slimmer body.